

Steve Seay

Leadership Coaching & Consulting, Inc.

Phone- (916) 715-9252
stevendseay@gmail.com
www.coachsteveseay.com

About

Steve is at the forefront of Leadership Coaching & Consulting. During his 15 years working in the medical field, he has recognized his calling and purpose to serve others through discovering, developing and creating from the whole person. He has been with the Joy of Medicine Program since September 2017 and is motivated to give back to the physician community, as they spend so much time serving others.



Steve is committed to fully creating a transformational shift in the lives of his clients. He challenges his clients to fully step into their uniqueness as a human being and awaken their inner creativity. Steve is the type of coach who will encourage and support physicians to live out their personal and professional mission.

Steven's counseling profession has transitioned into the powerful world of coaching and consulting. Since then, for the past 4 years, Steve has been on a mission to spiritually, mentally, physically and emotionally empower his clients. His own journey to inner discovery and well-being has led him to earn a Master's in Marriage and Family Therapy.

Services

Steve coaches and builds long-term relationships with his clients to further discover and grow under-utilized talent, expertise and energy. Steve's areas of focus include Leadership and Personal development, Personal and Professional Mission and Life's Intention, Essential Living, Strength-based Coaching, Solution-Focused Development, Wellness led Initiatives, Conflict Resolution, Customer Service and Professionalism, Productivity and Time Management and Culture change in the Workplace.

Education and Experience

Service Excellence Coach—Sutter Independent Physicians
Independent Life Coach—Leadership Coaching & Consulting, Inc.
MFT, West Seminary Sacramento Campus