

Steve Seay

Leadership Coaching & Consulting, Inc.

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About

Steve is at the forefront of Leadership Coaching & Consulting. He has spent 14 years working in the medical field and during that time he has recognized his calling and purpose to serve others through discovering, developing and creating from the whole person. Steve's own journey to inner discovery and well-being has led him to earn a Master's Degree in Marriage and Family Therapy. Practicing in the counseling profession of building relationships and connecting with amazing people, he had further evolved as he began to turn his attention from counseling and focus into the powerful world of coaching and consulting. Since then, for the past 3 years, he has been on a mission to serve his clients in a way that empowers them to progress in their well-being: spiritually, mentally, physically and emotionally. He challenges his clients to fully step into their uniqueness as a human being and awakening their inner creativity and sharing their gift to the world.



Services

Steve coaches individuals, group and companies leading to greater inner potential and awareness of possibilities in their lives both on a personal and professional level. He builds long-term relationships with his clients and the companies that he serves. Steve serves companies to discover and grow their under-utilized talent, expertise and energy of its existing staff. He is committed to fully creating a transformational shift in the lives of his clients as he serves the whole person.

He offers his coaching and consulting services in a number of ways:

- Individual one-on-one coaching
- Group coaching
- Leadership retreats/off-sites
- Small or Large group workshops
- Business consulting and culture change initiatives

Topics of focus, but not limited to:

- Leadership and personal development
- Personal and professional mission and life's intention
- Essential living
- Strength-based coaching

- Solution-focused development
- Wellness led initiatives
- Conflict resolution
- Customer service and professionalism
- Productivity and time management
- Culture change in the workplace
- Creating extraordinary results

Testimonials

“I’ve been working with Steve for a few years now, and have grown tremendously. One of the most beneficial changes was improving my ability to identify what is important in my life, and eliminating what is not. I make decisions with more confidence and clarity, having learned to make time to slow down and design the life I want for myself and my family. Our time on earth is short, and Steve has challenged me to design a more purposeful life, built on the strong foundational principles I’ve learned in our coaching sessions together.”

-Kyle Johnson (Business Owner/Founder of Merc-Ops)

“I went into coaching with Steve knowing I wanted to create intentional life changes. Having an awareness to personal growth requires intuitive and innovated ways of thinking that can only be brought forth with other like-minded individuals. What I received while working with Steve and key members of the group setting were valuable tools, knowledge, and deeper perspectives on true ownership and solid commitments that magnify my purpose as a genuine leader. I advise anyone looking to create real change in specific or multiple facets of life, business, or leadership to sit and discuss what coaching can do for you!”

-Elias Ortiz

“It has been a very interesting journey as I have been guided through my life by Steve during the past 6 months. We have been focusing personal and professional subjects, and I have received a tremendous amount of useful methods, guidelines and crucial facts of life and love throughout our journey together. I believe that Steve has helped me to restart my journey in life, and he has helped me to reset standards and focus on things that are absolutely crucial and necessary in creating my new path personally and professionally in a way that my mind/body/soul needs and deserves.

I have reached levels in life and love that I didn't even know existed and were available for me, and I cannot wait for what my future will bring since I have such a great support network now in life.

It has been truly a pleasure working with Steve, and I will continue my journey with him, as my amazing Life Coach and my friend. I truly appreciate everything he has helped me to achieve through the new clarity in life, and I cannot wait to see how he will help me conquer all the blessings that are coming my way in the future.

Thank you for everything Steve, you rock!!”

-Paula Limoges (Registered Nurse/Wellness Advocate)